

***Jesus is the perfect role model for showing us how to remain calm, to be diplomatic and to be fair in His dealings with conflict.***

In His life, Jesus constantly role modelled for us how important it is to be tolerant and accepting of all those around us, even if we do not agree with their ways. Jesus forgave sinners and always gave them a second chance. Likewise, we are asked to believe that all of those around us image the goodness of God and carry it out through their choices.

Our simple Conflict Resolution Plan attempts to simulate Jesus' vision for forgiveness, for peace, for acceptance and tolerance of others.

WE ARE CATHOLIC

THROUGH JESUS WE  
KNOW WHERE WE  
BELONG

AND WHAT TO DO

AND WHAT TO SAY

HIS LIFE SERVES TO  
REMIND US EVERYDAY



## ST. EUGENE SCHOOL CONFLICT RESOLUTION PLAN



A Conflict Resolution Plan for  
Elementary Students at

St. Eugene School

*Together with Christ, We Succeed  
Ensemble Avec Christ, Nous  
Réussissons*

## CONFLICT RESOLUTION PLAN



### A Conflict Resolution Plan for Elementary Students at St. Eugene School

An important goal at St. Eugene School is “Social Skills Enhancement”. One strategy used to help students learn how to better enhance their social skills is through teaching CONFLICT RESOLUTION. Conflict is a natural part of everyday life. Students need to learn at a young age about the ways conflict can be solved independently and constructively, while maintaining the integrity of all parties involved. If we teach our children how to manage conflict now, they will be able to face it more

diplomatically and more positively as they mature.

**Conflict resolution skills are skills a person can use to resolve conflict in a healthy, safe, and non-violent way. If you view conflict resolution as your conflict response style, you view conflict as a natural part of life.**

**Most educators will tell you that a happy student is one who is getting along with his peers. This concept of “getting along” is a skill and must be taught, reinforced and talked about. All students can have positive social relationships if we equip them with the language needed to express themselves. However, we need to first teach tolerance and acceptance of one another.**

## FOUR STEPS TO SOLVING CONFLICT (T.A.S.R.)

### STEP 1

### THINK!!!

- before you act, remain calm, set the tone
- what would consequences be if I reacted verbally or physically
- how do my actions demonstrate the kind of a person I am or aspire to be (Christ-like is the ultimate goal)
- avoid impulsive lashing out

### STEP 2

### ASK

- the person to STOP
- why the person did/said that
- be prepared to listen without interrupting
- if the person refuses to answer, allow some time, space
- if it is a significant conflict, come back to it
- if it is something insignificant, let it go

### STEP 3

### STATE YOUR FEELINGS

- remember to stay calm
- Tell them to stop
- explain how you were feeling when you reacted
- admit your errors, take responsibility, apologize if necessary

### STEP 4

### RESOLVE THE CONFLICT (OR SEEK TEACHER ASSISTANCE)

- brainstorm solutions, decide which one is agreeable to both parties: look for a win-win solution
- keep your word on the agreement

\*\*\* If you are getting no where – Seek staff assistance.